

SPORT MANAGEMENT MINOR

Minor Requirements

Code	Title	Hours
Required Courses		
PES-1119	Weight Training and Cardiovascular Activities	2
PES-3200	Foundations of Exercise and Sport Science	3
PES-3400	Applied Anatomy and Physiology	4
PES-4625	Teaching Individual and Dual Sports Activities	3
PES-4635	Teaching Team Sport Activities	3
PES-4730	Management of Physical Activity Programs	2
PES-4970	Sport and Fitness Practicum	6
Select two hours from the following:		2
PES-1111	Yoga	
PES-1115	Zumba	
PES-1212	Volleyball	
PES-1213	Badminton	
PES-1214	Tennis	
PES-1226	Golf	
PES-1701	Self-Defense	
Electives		
Select four hours from the following:		4
PES-1112	Yoga II	
PES-1121	First Aid Safety and Injury Prevention	
PES-3660	Kinesiology	
PES-3810	Physical Activity for the Young Child	
PES-3820	Group Fitness Theories and Methods	
PES-3830	Senior Fitness Theories and Methods	
PES-4101	General Nutrition	
PES-4110	Fitness Activities and Technology	
PES-4200	Fitness Testing and Exercise Prescription	
PES-4300	Community Health	
PES-4410	Biomechanics	
PES-4420	Physiology of Exercise	
PES-4431	Physical Growth/Motor Development	
PES-4640	Teaching Dance Activities	
PES-4645	Adventure Education	
PES-4650	Physical Activities for Children with Special Needs	
PES-4740	Measurement and Evaluation of Human Performance	
Total Hours		29

Minors can be added to a major and all courses must be completed. A student cannot be awarded a degree with just a minor. Courses within the minor can double count in the major as long as 1/3 of the courses are unique to the major or any other minor.