

KINESIOLOGY (BS) (ADP)

Admission Policies

Undergraduate Accelerated Online Degree Program

Concordia University Chicago believes that a liberal arts education is valuable to people of all ages. The Accelerated Degree Programs (ADP) serve persons who, because of family and work responsibilities, need to attend college in a non-traditional manner.

Accelerated Degree Programs (ADP) serve adults who are highly motivated to start and finish a degree program. This program is designed for working adults who can schedule their time carefully, discipline themselves to meet the rigorous demands of the program and want to complete an undergraduate degree in a Christian setting.

Concordia University Chicago is a Christ-centered institution of higher education that encourages the application of a student who desires to study in a Christ-centered college environment. CUC will consider for admission a student who is academically qualified and shows promise of contributing to this environment. Candidates for admission must demonstrate reasonable ability to complete a program of study at the University. Each candidate must exhibit attitudes, values and character that will contribute positively to the University's mission and environment.

Admission Requirements

- A completed application for admission to the Accelerated Degree Programs.
- Submission of official transcripts from ALL colleges or universities attended. The most recent college transcript must indicate that the student was in good standing and earned at least a 2.0 cumulative grade-point average on a 4.0 scale
- If an applicant has completed fewer than 15 semester hours of credit, or has not completed one semester at full-time status, a final high school transcript with graduation date must be provided. An official high school transcript is also required if the college from which the credit was earned does not have regional accreditation. Applicants who have not completed high school must provide documentation of successful completion of the G.E.D.
- Applicants will be notified of admission decisions generally within 48 hours after submitting all required documents.

Additional Information to Support an Admission Decision

- The Admission Committee reserves the right to evaluate applicants on an individual basis or request additional information when prior college transcripts do not reflect a 2.0 cumulative grade-point average.
- Transfer students who leave a college under any circumstance other than good standing may be required to have an interview with a designated University staff member and may be asked to permit CUC personnel to speak with the Dean of Students office at the sending school.

Transfer Credit Acceptance The University reserves the right to determine the number and type of transfer credits accepted toward the student's degree. No more than 90 semester hours of upper level and lower-level transfer credit from a regionally accredited institution will be counted toward graduation. One-half of all the credit hours in the major must be completed in residence. At least 30 semester hours of study at

Concordia-Chicago is required to meet residency requirements, preferably the last year before graduation. A Concordia University Chicago student's cumulative grade-point average is calculated solely on courses taken at Concordia-Chicago; transfer coursework is accepted as credit.

Applicants who meet the admission requirements and who have earned at least 30 semester hours of college credit (including at least one English Composition course with a grade of C or better) are eligible to be admitted to the ADP Program and the major.

Credit for Prior Learning

Prior learning is experience-based learning attained outside the auspices of standard institutions of higher learning. Credit for Prior Learning (CPL) is not awarded for experience per se, but for college-level learning.

Students can earn up to a maximum of 30 semester hours of credit from such sources as workshops, seminars, corporate training programs, military service or other experiences. Documentation that the student presents, demonstrating college-level learning acquired from these sources, is evaluated and may result in credit hours being awarded. There is a fee of \$250.00 per course.

Stop-Out

Students may elect to stop-out for one or more semesters and notify their ADP Enrollment Advisor. When the student is ready to return, he/she should notify the Enrollment Advisor. The Executive Director for the Online Accelerated Degree program in consultation with staff and the Financial Aid Office makes a determination on eligibility to resume enrollment. Students who do not enroll for three consecutive semesters excluding summer, must complete an application for re-admission.

General Education Requirements Communication (9 Hours)

Code	Title	Hours
ENG-1100	English Composition	3
COM-1100	Speech Communication	3
ENG-2000	Writing About Literature	3

Humanities and Fine Arts (9-10 Hours)

Code	Title	Hours
Humanities		
Select one Humanities from the following:		3
ASL-1100	American Sign Language I	
ASL-1200	American Sign Language II	
ENG-2200	Non-Western Literature (+)	
ENG-2210	Society and Literature	
ENG-2220	U.S. Latina/o Literature(s) (+)	
ENG-2300	Greek & Roman Mythology	
ENG-2400	African American Literature	
ENG-2500	Classical World Literature	
ENG-2600	Modern World Literature	
GER-1000	German for Reading I	
GER-1100	German for Reading II	
GRE-2000	Greek I	
GRE-2100	Greek II	

HEB-2000	Hebrew I
HEB-2100	Hebrew II
HIS-1110	Survey of Early Modern Europe, 1350-1815 (+)
HIS-1120	Survey of Modern Europe Since 1815 (+)
HIS-1200	History of the American People to 1877
HIS-1250	History of the American People since 1877
HIS-1315	Survey of World History to 1350 (+)
HIS-1325	Survey of the World Since 1350 (+)
HIS-2300	U.S. Women's History
HIS-2500	African American History
HIS-2600	Hispanic and Latino American History
HIS-2700	Ancient Greek and Roman Civilizations
HIS-2800	A History of Illinois
LAT-1000	Latin I
LAT-1100	Latin II
PHI-2010	Primer in Philosophy
PHI-2110	Introduction to the Philosophy of Religion
PHI-2210	Introduction to Logic
PHI-2310	Social and Political Philosophy
SPA-1111	Elementary Spanish I
SPA-1112	Elementary Spanish II
SPA-2113	Intermediate Spanish I
SPA-2114	Intermediate Spanish II

Fine Arts**Select one of the following 3**

ART-1100	Introduction to the Visual Arts
ART-1210	Two-Dimensional Basic Studio
ART-1310	Three-Dimensional Basic Studio
ART-2050	Western Art: Pre-History through Renaissance
ART-2150	Western Art: Post Renaissance through Contemporary
ART-2200	Non-Western Art (+)
COM-2200	Introduction to Film Studies
COM-2500	Global Documentary (+)
MUS-1503	Exploration of Music
MUS-2203	Survey of Western Music
MUS-2243	Music of World Cultures (+)
MUS-2253	History of Jazz
THR-1100	Introduction to Theater

Select one Humanities or one Fine Arts from the following: 3

ART-1100	Introduction to the Visual Arts
ART-1210	Two-Dimensional Basic Studio
ART-1310	Three-Dimensional Basic Studio
ART-2050	Western Art: Pre-History through Renaissance
ART-2150	Western Art: Post Renaissance through Contemporary
ART-2200	Non-Western Art
ASL-1100	American Sign Language I
ASL-1200	American Sign Language II
COM-2200	Introduction to Film Studies

COM-2500	Global Documentary
ENG-2200	Non-Western Literature
ENG-2210	Society and Literature
ENG-2220	U.S. Latina/o Literature(s)
ENG-2300	Greek & Roman Mythology
ENG-2400	African American Literature
ENG-2500	Classical World Literature
ENG-2600	Modern World Literature
GER-1000	German for Reading I
GER-1100	German for Reading II
GRE-2000	Greek I
GRE-2100	Greek II
HEB-2000	Hebrew I
HEB-2100	Hebrew II
HIS-1110	Survey of Early Modern Europe, 1350-1815
HIS-1120	Survey of Modern Europe Since 1815
HIS-1200	History of the American People to 1877
HIS-1250	History of the American People since 1877
HIS-1315	Survey of World History to 1350
HIS-1325	Survey of the World Since 1350
HIS-2300	U.S. Women's History
HIS-2500	African American History
HIS-2600	Hispanic and Latino American History
HIS-2700	Ancient Greek and Roman Civilizations
HIS-2800	A History of Illinois
IDS-1050	Intro to American Cultural Studies
LAT-1000	Latin I
LAT-1100	Latin II
MUS-1503	Exploration of Music
MUS-2203	Survey of Western Music
MUS-2243	Music of World Cultures
MUS-2253	History of Jazz
PHI-2010	Primer in Philosophy
PHI-2110	Introduction to the Philosophy of Religion
PHI-2210	Introduction to Logic
PHI-2310	Social and Political Philosophy
SPA-1111	Elementary Spanish I
SPA-1112	Elementary Spanish II
SPA-2113	Intermediate Spanish I
SPA-2114	Intermediate Spanish II
THR-1100	Introduction to Theater

Social/Behavioral Sciences (9 Hours)

Code	Title	Hours
Required Course		3
ECO-2400	Foundations of Economics	
Select 2 courses from the following list		6
ATH-2020	Introduction to Cultural Anthropology (+)	
GEO-1100	Geography of North America	
GEO-1200	World Geography: Culture Patterns (+)	
GEO-1300	The Developing World (+)	
IDS-1100	Introduction to Global Cultural Studies	

IDS-1200	Engaging Diversity: U.S. Perspectives
POS-1100	American Government and Politics
POS-2200	Social and Political Philosophy
POS-2300	International Relations
POS-2350	Introduction to Comparative Politics
PSY-1000	General Psychology
PSY-1502	The Mind and the Brain
PSY-2100	Developmental Psychology: Life Span
PSY-2125	Child and Adolescent Psychology
PSY-4151	Social Psychology
SBS-1995	People and Society (Special Topics)
SOC-2010	Introduction to Sociology
SOC-4420	Marriage and the Family
SOC-4610	Race, Ethnicity, & Racisms in the U.S.
SOC-4425	Sociology of Gender/Sexualities
SOC-4620	Social Inequality: Class, Status and Power

Physical and Life Science Requirements (7-8 hours) One class taken must include a lab, classes with an * include a lab

Code	Title	Hours
Select one Physical Science from the following:		4
EAS-1105	Elements of Earth Science	
CHE-1110	Consumer Chemistry	
CHE-2000	Chemistry in the World Today	
CHE-2100	Health Science Applications in Chemistry	
CHE-2200	Fundamentals of Chemistry	
NSCI-1110	Concepts in Chemistry and Biology	
NSCI-1120	Concepts in Physics and Earth Science	
NSCI-1970	Energy and Our Environment (*)	
NSCI-1981	Introduction to Sustainability (*)	
Select one Life Science from the following:		3-4
BIO-1201	Biology in the World Today (*)	
BIO-1500	Medical Terminology	
BIO-2500	Fundamentals of Microbiology (*)	
NSCI-1110	Concepts in Chemistry and Biology (*)	
NSCI-1970	Energy and Our Environment (*)	
NSCI-1981	Introduction to Sustainability (*)	

Mathematics Requirement (3 hours) Math class must be MAT-1550 or higher

Code	Title	Hours
Select one course below for three credits		3
MAT-1550	Finite Mathematics	
MAT-1805	College Algebra	
MAT-1820	Pre-Calculus	
MAT-2000	Statistics	
MAT-2100	Discrete Mathematics	

University Requirements (6 hours)

Code	Title	Hours
University Requirements		
THY-2400	Biblical Readings in Redemptive History (B)	3
THY-2700	The Christian Faith (S)	3

Major Requirements

Code	Title	Hours
KIN-1000	Physiological Basis of Exercise	3
KIN-1010	Evidence Based Practice in Exercise Science	3
KIN-1200	Applied Kinesiology	3
KIN-1400	Health and Fitness Assessment	3
KIN-2000	Health Risk Appraisal	3
KIN-2200	Nutrition, Exercise, and Behavior	3
KIN-2400	Principles of Strength and Conditioning	3
KIN-3200	Health and Fitness Programming Management I	3
KIN-3400	Health and Fitness Programming Management II	3
KIN-4000	Exercise Psychology	3
KIN-4200	Special Topics in Kinesiology	3
KIN-4400	Exercise Leadership	3

Total Hours 36

Graduation Requirements

Students in the College of Health, Science and Technology or The College of Theology, Arts and Humanities must meet all University requirements found in the Academic Information section of this catalog. Specific requirements for these Colleges include the following:

- A minimum cumulative GPA of 2.00 for all coursework completed at CUC
- A minimum GPA of 2.00 for all courses taken in the major at CUC
- A minimum grade of C for all courses taken in a major at CUC
- The Department of Natural Sciences requires a minimum grade of C for courses within the major that are not pre-requisites for other courses. For courses that are pre-requisites, the C minimum remains unless superseded by admission grade requirements for specific programs, e.g., nursing at Oak Point (formerly Resurrection) University, microscopy at Hooke College, medicine/dentistry/ pharmacy at LECOM, etc.).
- The following courses may not be taken on the Pass/Fail grade option:

Code	Title	Hours
ENG-0100	College Writing	3
ENG-1100	English Composition	3
ENG-2000	Writing About Literature	3
MAT-0100	Fundamentals of Math	3
MAT-0110	Advanced Intermediate Algebra	3
Any course in a major at CUC		