

# PK-12 PHYSICAL EDUCATION

EDUC-6925	MAT Capstone <sup>1</sup>	3
<b>Total Hours</b>		<b>33-36</b>

The Master of Arts in Teaching: PK-12 Physical Education program is an initial licensure program designed to prepare qualified professional for teaching in PK through Grade 12 school settings. Applicants can be expected to learn to teach Physical Education at all grade levels.

Teaching candidates can be expected to:

- Apply principles, techniques, and procedures to encourage students in developing and accessing health-related fitness
- Understand human movement, motor skills, and their developmental sequence
- Organizes activities and techniques for developing motor skills
- Guide the dynamic interaction between individuals and within groups while they are engaged in activities for personal and social development
- Apply techniques, skills, strategies, basic rules, etiquette, and safety practices for individual and group sports, as well as lifelong sports, creative movement, dance, non-competitive activities, and cooperative activities
- Incorporate the historical, philosophical, and social contexts of physical education
- Align state standards to instruction and assessment of students
- Use concepts and research-based strategies for effective instruction in a physical education program
- Follow safety practices, principles of emergency first aid, and equipment maintenance procedures, and
- Recognize legal and ethical issues that may influence physical education programs.

<sup>1</sup> This course may only be taken with special approval of the Director of Field Experience and the Division Chair

This initial endorsement requires 32 semester hours, including 12 upper-division semester hours at the undergraduate level. The required distribution is below. Candidates are required to pass the state content test for Physical Education. Undergraduate courses can be taken at CUC or transferred in from another institution. (Undergraduate courses at CUC are generally offered during the day).

- Biomechanics
- Curriculum Design in Physical Education
- Dance activities
- Exercise Physiology
- Health-related fitness (e.g., conditioning, aerobic fitness exercise, stress management)
- Human Anatomy
- Human Physiology
- Kinesiology
- Measurement and Evaluation
- Physical Growth and Motor Development
- Teaching Individual and Dual Sports Activities
- Teaching Team Sports Activities

Code	Title	Hours
<b>Prerequisites to Professional Courses</b>		
EDUC-6045	Introduction to Theories of Learning and Cognition	3
EDUC-6435	Introduction to Education	3
<b>Professional Courses: Students must be admitted to Teacher Candidacy to continue</b>		
EDSC-6230	Literacy Instruction for Content Area Classrooms: Middle and Secondary	3
EDSC-6570	Teaching Diverse Learners at the Secondary Level	3
EDUC-6040	Introduction to Classroom Teaching and Technology for Learning	3
EDUC-6060	Classroom Management and Assessment	3
EDUC-6290	Characteristics and Instruction of Exceptional Learners	3
EDUC-6415	Professional Responsibility and Ethics for Teachers	3
EDUC-6445	Introduction to Research: Pre-Service Teachers	3
EDSC-6605	Content and Methods for Teaching Physical Education at the PK-12 Levels	3
<b>Student Teaching Internship Semester</b>		
EDUC-6985	Student Teaching Seminar	0
Select one:		
EDUC-6924	Student Teaching Internship for PK-12 Physical Education Teachers	6