LEADERSHIP: HEALTH AND HUMAN PERFORMANCE (EDD) (PHD)

The Ph.D. in Leadership: Health & Human Performance is an interdisciplinary degree program designed to prepare students to pursue academic, clinical, leadership and/or research roles in the fields of health promotion, exercise science, kinesiology, human performance and other related disciplines. The program has a strong research orientation and aims to develop outstanding scholars and researchers who create and disseminate new knowledge about issues arising out of the intersection of physical activity, health promotion and human performance. The 58 credit-hour program includes coursework in leadership, health, exercise science, research and statistics, and a 9 credit-hour dissertation requirement.

The Ed.D. in Leadership: Health & Human Performance is an interdisciplinary degree program designed to prepare students to pursue academic, clinical, leadership, and/or research roles in the fields of health promotion, exercise science, kinesiology, human performance and other related disciplines. The program emphasizes a rigorous application of evidence-based research, assessment and scholarship as the basis for identifying and addressing issues arising out of the intersection of physical activity, health promotion and human performance. The 52 credit-hour program includes coursework in leadership, health, exercise science, research and statistics, and a 9 credit-hour dissertation requirement.

General Graduate Admission Requirements

All applicants must meet the general admission requirements for Concordia University Chicago graduate programs as published in the Concordia University Chicago academic catalog (http://catalog.cuchicago.edu/graduate/graduate-admission-student-services/).

New students are accepted into graduate degree-seeking, certificate, endorsement and/or post-graduate programs for online and on-campus study in the fall, spring, or summer semesters. Previously admitted students seeking to change programs may do so at the beginning of a semester (only) by submitting a Change-of-Program quick app (https://capp.cuchicago.edu/graduate/change-of-program/). Applicants must be in good academic standing according to Concordia University Chicago's satisfactory academic progress standards at the time of requesting a program change.

Program-Specific Admission Requirements

In addition to admission requirements, a master's degree in Health Science or Exercise Science or related field with a minimum of 3.0 GPA on a 4.0 scale is required.

Degree Requirements for Ed.D. Track

Code	Title	Hours
Doctoral Program Core		
EDL-7141	Organizational Change (non K-12)	3
EDL-7211	Policy Analysis (non K-12)	3
FPR-7011	Philosophical and Theoretical Foundations of Leadership	3
HHP-7090	Ethical Issues in HHP	3
Research		
RES-7605	Quantitative Analysis	3
RES-7700	Qualitative Research	3
RES-7900	Research Design	4
Comprehensive Exam and Dissertation		
COMP-7000	Comprehensive Examination	0
DISS-7010	Dissertation I	3
DISS-7020	Dissertation II	3
DISS-7030	Dissertation III [1]	3
Health and Human Performance Specialization Courses		
Core Courses		
HHP-7000	Cardiovascular Responses to Exercise	3
HHP-7005	Scientific Communication	3
HHP-7010	Neuromuscular Responses to Exercise	3
HHP-7050	Program Design in Physical Activity and Health	3
HHP-7030	Advanced Exercise and Sports Nutrition	3
HHP-7060	Health Promotion and Disease Prevention	3
Cognate Courses		
Select 12 hours from one of the following areas:		12
Health & Human Performance (p. 2)		
Applied Exercise Science (p. 2)		
Gerontology (p. 2)		
Total Hours		**61**

[1] Upon completion of the nine required hours of dissertation course work, candidates must maintain continuous enrollment with DISS-8000 Dissertation Supervision until program completion.

Degree Requirements for Ph.D. Track

Code	Title	Hours
Doctoral Program Core		
EDL-7141	Organizational Change (non K-12)	3
EDL-7211	Policy Analysis (non K-12)	3
FPR-7300	Philosophy of Scientific Knowledge	3
HHP-7090	Ethical Issues in HHP	3
Research		
RES-7605	Quantitative Analysis	3
RES-7700	Qualitative Research	3
RES-7800	Mixed Methods Research	3
RES-7900	Research Design	4
RES-7620	Advanced Topics in Statistics	3
or RES-7710	Advanced Qualitative Analysis	
Comprehensive Exam and Dissertation		
COMP-7000	Comprehensive Examination	0
DISS-7010	Dissertation I	3
DISS-7020	Dissertation II	3
DISS-7030	Dissertation III [1]	3
Health and Human Performance Specialization Courses		
Core Courses		
HHP-7000	Cardiovascular Responses to Exercise	3
HHP-7005	Scientific Communication	3

HHP-7010	Neuromuscular Responses to Exercise	3
HHP-7050	Program Design in Physical Activity and Health	3
HHP-7030	Advanced Exercise and Sports Nutrition	3
HHP-7060	Health Promotion and Disease Prevention	3
Cognate Courses		
Select 12 hours from one of the following areas:		12
	Health & Human Performance (p. 2)	
	Applied Exercise Science (p. 2)	
	Gerontology (p. 2)	
Total Hours		**67**

1   Upon completion of the nine required hours of dissertation course work, candidates must maintain continuous enrollment with DISS-8000 Dissertation Supervision until program completion.

Cognate Areas

Health and Human Performance

Code	Title	Hours
HHP-7020	Exercise for Disease Prevention and Management	3
HHP-7040	Measurement and Evaluation in Health and Human Performance	3
HHP-7070	The Professoriate	3
HHP-7100	Seminar in Health & Human Performance	3

Applied Exercise Science

Code	Title	Hours
AES-6250	Advanced Exercise Physiology	3
AES-6300	Exercise and Sport Nutrition	3
AES-6320	Vitamins and Minerals	3
AES-6340	Nutrition and Exercise for Weight Management	3
AES-6380	Special Topics: Seminar in Sports Nutrition	3
AES-6500	Principles of Human Movement Science	3
AES-6520	Program Design in Corrective Exercise Training	3
AES-6560	Special Topics: Seminar in Movement Science	3
AES-6600	Principles of Sports Performance Training	3
AES-6620	Program Design in Sports Performance Training	3
AES-6660	Special Topics: Seminar in Sports Performance Training	3
AES-6810	Essentials of Strength Training and Conditioning	3
AES-6820	Advanced Strength and Conditioning Theory	3
AES-6840	Practicum: Strength and Conditioning Theory	3
AES-6860	Seminar in Strength and Conditioning	3

Gerontology

Code	Title	Hours
GERO-7000	Gerontological Theory	3
GERO-7500	The Physiology of Aging	3
GERO-7505	The Psychological Aspects of Aging	3
GERO-7560	Sociocultural Aspects of Aging	3
GERO-7800	Demography and Epidemiology of Aging	3
GERO-7805	Issues in Aging Policy	3
GERO-7810	Foundation of Teaching and Learning in Gerontology	3
GERO-7820	Leadership, Applied Ethics, Aging and Global Change	3
GERO-7900	Diversity in Aging Societies	3
GERO-7905	Professional Seminar in Gerontology	3

Doctoral Graduation Requirements

- Have on file an application as a doctoral graduate student in this program.
- Have on file one official transcript from EACH college/university attended of all previous coursework taken.
- Complete, for this degree and program,
    - the credit hours and levels as designated,
    - within the specified time limit,
    - with a minimum cumulative GPA of 3.0.
    - Students completing multiple advanced programs or degrees at CUC must have a 3.0 GPA in each academic program in addition to a minimum cumulative GPA of 3.0.
- If transfer credit is approved to be applied: have on file an approved "Graduate Transfer Credit Approval" form(s) or evaluation(s).
- Have on file the Intent to Graduate/Complete form with the Office of the Registrar by the published deadline.
- Have on record the dissertation uploaded into ProQuest.
- Take and pass the final examination or terminal requirements in the program during or after the final course.
- Approval of the faculty.
- Payments of all tuition and fees due to Concordia University Chicago. All holds must be removed to receive transcripts and diploma.

Every attempt has been made to include information to aid the student with information about his/her program, degree and graduation/completion requirements. It is, however, the student's responsibility to complete all steps and meet all deadlines relevant to graduation requirements.