# **COUNSELOR EDUCATION** (CED)

# CED-6005: Fundamentals of School Counseling (3 hours)

In this course candidates examine the profession of school counseling with an overview of the philosophy, history, theory, roles, and current trends and issues specific to school counseling and education. It also investigates national models and standards for P-12 school counseling programs. Candidates will explore the purpose of professional organizations and significance of research and scholarly publications. Emphasized are the certifications and licensing for all roles and functions of counselors in various settings. The course will also include a general overview of ethical and legal issues related to counseling and reflect on the importance of advocating for students from diverse contexts. Fee: Required.

#### CED-6010: Counseling Theory And Practice (3 hours)

Individual, couple and systems theories of counseling/psychotherapy. Examination of the helping process, client and counselor characteristics that influence the process consistent with current professional research and practice in the field allowing the development of a personal model of counseling.

#### CED-6015: Counseling Intervention and Techniques (3 hours)

This course addresses the competencies, attitudes, and skills essential to developing the character and identity of a professional counselor. Foundational and advanced counseling skills and therapeutic interventions examined as they apply to the personal, social and academic realms. Counseling techniques from the major schools and orientations including crisis intervention, multicultural and ethical issues. This course will use role-playing and videotaping to fortify burgeoning skills and interventions.

# CED-6035: Counseling and Human Development (3 hours)

Students are provided with an understanding of the nature and needs of persons throughout the lifespan including developmental and multicultural domains. Counseling approaches and issues are discussed in relation to developmental stages. Resiliency factors and ethical issues are applied across the lifespan.

# CED-6045: Ethics, Law and Morality for Counselors (3 hours)

This course addresses the competencies, attitudes, and skills essential to developing the character and identity of a professional counselor. This course is designed to give the student an understanding of ethics and applicable laws in the profession of counseling as well as allowing them to examine their own moral values.

# CED-6055: Multicultural Counseling (3 hours)

Assessment and therapeutic treatment of diverse populations with special emphasis on understanding of the cultural context of relationships, issues and trends in a multicultural society. Emphasis on specific problems associated with age, race, disability, religious preferences, etc., and how these affect the counseling relationships.

# CED-6210: School Counseling Program Development and Organization (3 hours)

Examination of the role and function of the school counselor in a comprehensive school counseling program. Emphasis on developmental counseling and the components of an effective developmental school counseling program. Discussion of school counseling, historical roots, present and future trends. Role of counseling in total education program.

#### CED-6220: Counseling and Consulting in Schools (3 hours)

Counseling and consulting strategies used by counselors in the school setting for academic, career and personal/social issues. Examination of specific problems of children and adolescents.

# CED-6225: College Counseling: Preparation, Planning and Admission (3 hours)

Addresses the college counseling role of the high school counselor. College admission counseling, ethical considerations, research on college choice, and operation and responsibilities within a high school college counseling office. Culturally responsive college counseling and special populations.

#### CED-6230: Evaluation and Research for Counselors (3 hours)

Introduces students to the importance of research methods and program evaluation in advancing the counseling profession. Identifying and reading research, critically evaluating results, analyzing and using data to enhance program quality.

# CED-6240: Group Work in Schools (3 hours)

This course will provide an understanding, both theoretical and experiential, of school counseling groups for grades K-12. The purpose, development, dynamics, theories, methods, skills, ethics, and other group approaches in a multicultural society will be covered. Students will experience and participate as group members in small group activities.

#### CED-6250: Fundamentals of Assessment (3 hours)

Historical, current and expected uses of testing and assessment procedures in educational settings. Statistical concepts, ethics and ethical factors in the appropriate use of various assessment techniques and tools with emphasis on benefits and limitations.

#### CED-6260: Career Counseling for School Counselors (3 hours)

This course addresses grades K-12 career counseling in the schools. Career education viewed through the world of work, career theories, related life processes and development of programs and interventions to promote the career development of all students.

#### CED-6340: Clinical Group Counseling (3 hours)

Will provide an understanding, both theoretical and experiential, of group purpose, development, dynamics, theories, methods, skills, ethics and other group approaches in a multicultural society. Students will experience and participate as group members in small group activities.

# CED-6350: Brief Therapy (3 hours)

Identification and application of brief therapy models to a variety of disorders with individuals, groups and families. Develop an understanding of techniques, assessment instruments and ethical issues. Issues and models of crisis intervention. Prerequisite: B or higher in CED-6010.

#### CED-6920: Practicum: School Counseling (3 hours)

On-site and campus-based experiences in school counseling designed to introduce the student to the various functions of school counseling. Students should consult the School Counseling Practicum and Internship manual for additional information and requirements. Prerequisite: B or higher in all required coursework or advisor consent. Fee: Required.

#### CED-6925: Internship: School Counseling (3,6 hours)

Supervised experiences in sites appropriate to the program and approved by the university. On-campus classroom component also required. Opportunities for both individual and group work with clients appropriate to the program. 600 clock hour required. Students should consult the Practicum/Internship manual for further information. The course will serve as the capstone course for the school counseling program. Prerequisite: B or higher in CED-6920.

#### CED-6926: Internship: School Counseling I (3 hours)

This is a two-semester clinical school internship that meets the requirement for the Illinois State Board of Education (ISBE), School Counselor endorsement, and the CUC capstone requirement for classroom teachers with two years of teaching experience. Supervised individual and group work experiences in P-12 and clinical settings appropriate to the program are required for 200 internship hours per semester (total 400 for the year). A classroom seminar component meeting is also required. Prerequisite: Admission to this course is based on Division of Human Services approval of two-year teaching experience. NOTE: The ISBE School Counseling Content Exam must be passed before the start of Internship II. This internship is not intended for candidates seeking the Licensed Professional Counselor (LPC), which requires 600 internship hours. Prerequisite: B or higher in CED-6920.

#### CED-6927: Internship: School Counseling II (3 hours)

This is a two-semester clinical school internship that meets the requirement for the Illinois State Board of Education (ISBE), School Counselor endorsement, and the CUC capstone requirement for classroom teachers with two years of teaching experience. Supervised individual and group work experiences in P-12 and clinical settings appropriate to the program are required for 200 internship hours per semester (total 400 for the year). A classroom seminar component meeting is also required. Prerequisite: Admission to this course is based on Division of Human Services approval of two-year teaching experience. NOTE: The ISBE School Counseling Content Exam must be passed before the start of Internship II. This internship is not intended for candidates seeking the Licensed Professional Counselor (LPC), which requires 600 internship hours. Prerequisite: B or higher in CED-6920.

#### CED-6928: Internship: School Counseling I (3 hours)

This is a two-semester clinical school internship that meets the requirement for the Illinois State Board of Education (ISBE), School Counselor endorsement, and the CUC capstone requirement for candidates without a standard teaching certificate in the state of Illinois and candidates with a standard teaching certificate in the state of Illinois seeking the additional LPC licensure. Supervised individual and group work experiences in P-12 and clinical settings appropriate to the program are required for 300 internship hours per semester (total 600 for the year). A classroom seminar component meeting is also required. NOTE: The ISBE School Counseling Content Exam must be passed before the start of Internship II. Prerequisite: B or higher in CED-6920.

# CED-6929: Internship: School Counseling II (3 hours)

This is a two-semester clinical school internship that meets the requirement for the Illinois State Board of Education (ISBE), School Counselor endorsement, and the CUC capstone requirement for candidates without a standard teaching certificate in the state of Illinois and candidates with a standard teaching certificate in the state of Illinois seeking the additional LPC licensure. Supervised individual and group work experiences in P-12 and clinical settings appropriate to the program are required for 300 internship hours per semester (total 600 for the year). A classroom seminar component meeting is also required. NOTE: The ISBE School Counseling Content Exam must be passed before the start of Internship II. Prerequisite: B or higher in CED-6920.

CED-6950: Independent Study in Counselor Education (1-6 hours)